

# 24 Character strengths

## Wisdom:

- creativity
- curiosity
- judgement
- love of learning
- perspective

## Courage:

- bravery
- perseverance
- honesty
- zest

## Humanity:

- love
- kindness
- social intelligence

## Justice:

- teamwork
- fairness
- leadership

## Temperance:

- forgiveness
- humility
- prudence
- self-regulation

## Transcendence:

- appreciation of beauty & excellence
- gratitude
- hope
- humor
- spirituality